



Azalea Trail Run Rewards Program General Information

Educational Benefits:

- Fit for Azalea Trail Run; Fit for Life training manuals available upon request. The manual includes a 10 week training program for ATR events, information on nutrition and stretching exercises, copies of certificates of accomplishment, training charts, and more.
- Local runners have volunteered to be available to visit with classes and children's groups. They will go over stretching, warming up, running/walking, and cooling down.

Participant Benefits:

- Tee shirts for everyone who registers.
- Entry into Health and Fitness Expo, which includes free screenings (blood pressure, body fat content, bone density, etc.), on March 28 and March 29.
- Entry into the Post-Race party on March 29 - food, beverages, music, and children's area.
- Finish ribbons for all fun run finishers.
- 10K participants will be eligible for age group awards.

Monetary Benefits to the Schools and Youth Organizations:

- \$1 for each student, parent, and teacher who registers for one of the ATR events.
- \$2 for each student, parent, and teacher who registers and completes one of the ATR events.
- Cash awards will be given to the schools and/or youth organizations with the most entries (First place - \$200; Second place - \$100; Third place - \$50).

Many More Miles Campaign:

- Baldwin Bone & Joint PC is sponsoring a program to recycle used shoes, particularly athletic shoes. Clean, usable shoes will be collected and distributed to people who can use them.
- Schools interested in having collection bins at their schools may contact the Many More Miles coordinator at 621-5376 or a member of the ATR Rewards Program committee.
- Cash awards will be given to the three schools that collect the most shoes for the campaign.

Packet Pick-up

- School coordinators and youth group leaders will be able to pick up tee shirts and run numbers for the students and adults that register through the Rewards Program and are on the school's or youth group's ATR roster.
- School coordinators and youth group leaders will be able to pick up tee shirts and run numbers on Thursday, March 27 and Friday morning, March 28.

Other Information:

- One school coordinator/youth group leader from each school or organization with five or more student/youth participants will receive a race shirt and a complimentary entry into one of the ATR events.
- All entries for the Rewards Program must be received by ATR by March 17, 2008