



8K By the Bay

2 Mile Run/Walk and 1 Mile Fun Run/Walk
Saturday, April 6, 2019

8K and 2 Mile Start: 8:00 AM Fun Run Start: 9:15 AM

Benefits: Penelope House–Shelter and the Foundation of the Mobile County Sheriff's Office
Location: Arlington Park on Broad St and Brookley Aeroplex **Conducted by:** Port City Pacers
Course: Unique, scenic, 8K certified course (AL13025JD); start and finish at Arlington Park.
The two mile out and back course is certified (AL15018JD).
Fun Run is approximately 1 Mile.

Post Race Party: Food provided by Mobile County Sheriff Food Wagon, music, and beverages provided for all participants.

Registration: Pre-register by mail (entries should be postmarked by March 30), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on April 4 or online (https://events.com/r/en_US/registration/8k-by-the-bay-mobile-april-751638) until 4 AM April 5. Early packet pick-up on Friday, April 5, from noon until 5:30 PM at PCP office (358 Morgan Ave). Packet pick-up and race day registration at the race site from 6:30-7:45 a.m.

Entry fees: Pre-registered:
Adult - PCP members: \$18
Adult - Non PCP members: \$20
Children 12 and under – Non PCP members: \$15
*Pre-registered PCP children 12 and under participate for free unless they want a shirt (\$7)
**No shirt option – subtract \$3

Day of Race
\$25 – All Adults
\$20 – All Children 12 and under

Awards: 8K: Top 3 M & F Overall, top M & F Masters, Grandmasters, Senior Grandmasters, and Race walkers.
Top 3 male and female in 5-year age groups.

2 Mile: Top male and female finishers and top male and female in 5 year age groups

Fun Run: Finish Ribbons to fun runners

Shirts: To guarantee a shirt on race day, participants must be registered by March 30. Shirts as available after March 30.

Last Name: _____ First Name: _____ Age: _____ Sex: M F

Address: _____ City, State & ZIP: _____

Phone: _____ Date of Birth: _____ Email: _____

Event: 8K 2 Mile Fun Run I will: Run Race walk (no running) PCP: Yes No

T-Shirt Size: YL S M L XL XXL (add \$2) No shirt (subtract \$3)

Corporate Cup Team: _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release PCP Pacers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Results and images from this race will be posted on the internet and other media. Please let us know if you do not want your name or image printed or posted electronically

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 18)

Make checks payable to: Port City Pacers

Mail application and fees to: Port City Pacers; 8K by the Bay; PO Box 6427; Mobile AL, 36660