



2009 Jingle Bell Run/Walk for Arthritis



ABOUT THE RUN

The Jingle Bell Run/Walk for Arthritis takes place each December to raise money for the Alabama Chapter of the Arthritis Foundation.

At the Mobile Jingle Bell Run, a good time is had by all as runners don their jingle bells and ring out the holiday spirit! The Jingle Bell Run begins and ends at historic Fort Conde in downtown Mobile. Music, a lively warm-up with Santa, and activities for kids and families help get everyone in the holiday spirit while contributing to the Arthritis Foundation's mission...to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

Last year's Jingle Bell Run attracted over 1,000 runners and walkers, making it one of the largest charity runs in the area. This year's Jingle Bell Run promises to be bigger, better and jollier than ever! For more information, contact Kellie Myers, Gulf Coast Regional Director, at (251) 639-9722 or visit www.arthritis.org.

FEES

- \$25 Ages 15+
- \$15 Ages 14 & under
- \$5 Late fee after November 29



RACE INFO

When:

Saturday, December 5, 2009

Where:

Fort Conde, Downtown Mobile

Key Times:

- 7:00 – Registration Opens
- 8:00 – 5K Run/Walk
- 9:00 – 1-Mile Fun Run/Walk
- 9:20 – Elf Chase (ages 8 & under)

Register online at:

2009jinglebellrunmobile.kintera.org

or fill out the form below...

2009 Jingle Bell Run/Walk Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (home): _____

Phone (work / cell): _____

E-mail: _____

Male Female T-shirt Size: YS YM S M L XL XXL

Date of Birth: _____ Age: _____

Team Name: _____

Team Captain: _____

Organization: _____

Enclose check and mail registration form to:
Arthritis Foundation, 205 Lambert Ave, Mobile, AL 36604

Please check all that apply.

- 5K Run 5K Walk Elf Chase
 - Sleep In 1-Mile Fun Run/Walk
 - I want to be a team captain; please send me more information
 - I want to volunteer with the Arthritis Foundation
 - My company has a matching program (co.) _____
 - I have arthritis (type) _____
 - I would like more information about the Arthritis Foundation
- How did you hear about the Jingle Bell Run/Walk for Arthritis?

Waiver / Release – Signature Required I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Jingle Bell Run/Walk for Arthritis, (2) In consideration for my application to participate in the Jingle Bell Run/Walk for Arthritis being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may accrue as a result of my participation, and (3) I hereby grant the Arthritis Foundation specific permission to reproduce, publish, circulate, copyright, or otherwise use any and all photographs and/or video of me and/or my family taken at the Jingle Bell Run/Walk for Arthritis, for use by the Arthritis Foundation.

Date: _____ Participant's Signature: _____ If under 18, Parent's or Guardian's Sig.: _____